



CAREGIVER EDUCATION SERIES

The TCC Gadsden Center invites you to a **free** bi-weekly series on Caregiver Education. Find answers to your questions and practical strategies to help fulfill your caregiving role!

JANUARY 24 | 10 - 11 A.M.

Intro to Caregiving: Understanding Dementia Behaviors

FEBRUARY 7 | 10 - 11 A.M.

Virtual Dementia Tour & Communication Strategies for Dementia

FEBRUARY 21 | 10 - 11 A.M.

Self-Care for the Caregiver: The Importance of Taking Care of You

MARCH 7 | 10 - 11 A.M.

What is Elder Law?

MARCH 28 | 10 - 11 A.M.

Dementia Conversations: Driving, Doctors Visits, Legal and Financial Planning

APRIL 11 | 10 - 11 A.M.

Hospice 101

Registration is required for each workshop



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